

# Gout Clinical Trials 101



## What is a clinical trial?

Clinical trials are research studies that evaluate the effectiveness of a medical treatment. The possibility of new and more effective treatments is exciting for patients living with chronic diseases like gout.

Each clinical trial looks different, but they all advance through at least three primary phases to:

- ✓ Test a treatment
- ✓ Ensure its safety
- ✓ Determine its efficacy
- ✓ Identify side effects

## Why should gout patients participate?

Clinical trials can transform research into medicines that improve the quality of life for gout patients.

They offer patients:



Access to the newest treatments



Alternative treatment options for patients who don't respond to current medications



The opportunity to help others who suffer



Opportunities for one-on-one discussions with experts



## How can patients get involved?

If you think a clinical trial might be right for you,



Learn more and explore current trials online



Talk to your doctor about your eligibility



Enroll in the trial and take treatment as prescribed