

# Discover Your Gout Management Style

Are you managing your gout?  
Or is your gout managing you?



## Where do you typically receive care?



Rheumatologist



Primary Care  
Doctor



**PROACTIVE**

If you typically visit your primary care doctor or rheumatologist, your gout management style is proactive.

Proactive gout management means you are seeking treatment for the underlying condition of chronic gout. This could include taking uric acid-lowering medication and following a treatment plan with your doctor. This is the best way to effectively manage gout.



Emergency  
Room



Urgent Care



**REACTIVE**

If you typically seek treatment for gout at urgent care or the emergency room, your gout management style is reactive.

Reactive gout management means you may only be treating flares and not the underlying condition of chronic gout. While you may still need immediate care if you are experiencing a flare, this should not be your only form of gout management.